

Tulsa Area Free Clinic Coalition Directory

Mission Statement

The Tulsa Area Free Clinic Coalition was formed in January 2002
with the following mission:

To promote and support those providing
compassionate healthcare to the medically
underserved in the Tulsa area.

Purpose Statement

To promote networking and open
communication amongst the Tulsa Area
Free Clinics with the goal of providing
services to the medically needy of Tulsa
without duplication of services.

Revised May 2012

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Arms Around BA Minor Medical Services

700 W. Fort Worth St.
Broken Arrow, OK 74012

Phone: (918) 258-7714

Fax: (918) 806-2497

Email: findhelp@armsaroundba.org

Website: www.armsaroundba.org

Clinic Director: Nellie Lawson

Ministry Director: Hugh Zimmerman

Hours: Tuesday 6:00 pm — 8:00 pm

First come-first served basis

Fees: None

Eligibility: Broken Arrow or Coweta resident.
No insurance or underinsured.

Services: Provides healthcare for adults,
children, and the elderly.
Provides minor medical assistance
only.
Does not provide emergency or long
term care services.

Rx Assistance: On-site medication samples as
available.
Prescriptions are available from the
doctor at the Arms Around BA
Medical Clinic.

Interpreters: None

Broken Arrow Neighbors

322 W. Broadway Ave.
Broken Arrow, OK 74012

Phone: (918) 251-7781

Fax: (918) 251-9108

E-mail: bankim@tulsacoxmail.com

Web Site: www.baneighbors.com

Clinic Director: Kim Goddard

Clinic Hours: Monday 5:30 pm

**Please call each Monday to confirm*

**Maximum 20 patients*

Fees: None

Eligibility: Persons in need.
No geographical boundaries.

Services: Clinic offered to adults, children, and the elderly with minor illnesses only.
** No lab, x-rays, immunizations, or TB Testing*

Rx Assistance: Usually at same visit or referrals given.
** No Narcotics Available.*

Diabetic Supply: Some Assistance Provided.

Interpreters: Spanish (Occasionally)

Broken Arrow Neighbors *continued*:

Other Services: **Food Pantry & Clothing Assistance**
available to residents of Broken Arrow,
and agency referrals.

Monday—Thursday
9:00 am — 4:00 pm
*Closed on Fridays

Limited financial assistance for utility
disconnections and eviction notices.

Community Health Connection

2321 E. 3rd Street
Tulsa, OK 74104-3327

Phone: (918) 622-0641

Fax: (918) 622-4814

E-mail: outreach@communityhealthconnection.org

Web Site: www.communityhealthconnection.org

Executive Director: Laurie Paul

K-W Clinic Hours: **Monday through Thursday**
8:00 am – 6:00 pm

Friday 8:00 am – 4:30 pm

East Clinic Hours: **Monday through Wednesday**
8:00 am — 5:00 pm

Wednesday, Walk-In Episodic Clinic
5:00 pm - 9:00 pm
(First 9 only, arrive by 4:00 pm)

Thursday & Friday by Appointment
8:00 am – 8:00 pm

Saturday, Urgent Clinic

(First 9 only, arrive by 7:30 am)

Fees: Sliding scale based on income.

Eligibility: Accept Medicare, Medicaid and most insurance providers

Community Health Connection *continued*:

Services: Family Medical Practice.
Mental Health and Prenatal Care
(Lactation Consultant available)
Lab available on site
X-rays are not available on site but community referrals are available.

Rx Assistance: Prescription programs available.

Diabetic Supply: Available

Interpreters: All nurses and receptionists speak Spanish.

Locations: K-W (Main Site)
2321 E 3rd Street
Tulsa, OK 74104-3327

East Clinic (Extension)
9912 E. 21st Street
Tulsa, OK 74129

Good Samaritan Health Services

P. O. Box 1191
Tulsa, OK 74104

Phone: (918) 710-4222

Fax: (918) 949-6681

E-mail: info@goodsamaritanhealth.org

Web Site: www.goodsamaritanhealth.org

Clinic Contact: Lynn Hersey

Clinic Director: Dr. John Crouch

Hours: Contact Agency

Mobile Clinic at following sites: *(Please arrive one hour early)*

Mondays: Tulsa Dream Center
200 West 46th Street North
By Appointment Only

Monday Evenings: Cornerstone Family Church
3434 South Garnett
6:00 pm — 8:00 pm

Tuesday Mornings: New Jerusalem Baptist Church
3427 N. Birmingham Ave.
9:00 am — 11:00 am

Tuesday Evenings: Evangelistic Temple
1339 E. 55th Street
6:00 pm — 8:00 pm

Wednesday Mornings: Full Gospel Family Outreach
1609 N. Evanston Pl.
9:00am — 11:00 am

Good Samaritan Health Services *continued*:

Wednesday Afternoons: The Harvest
2232 S. Nogales Ave.
2:00 pm – 4:00 pm

Wednesday Evenings: Life Power Family Church
1136 E. 36th Street North
5:00 pm — 7:00 pm

Thursday Mornings: Riverside Baptist Church
6363 S. Peoria
9:00 am — 11:00 am
(By appointment only 918-742-5822)

1st & 3rd Thursday Evenings: Memorial Baptist Church
2800 S. Yale
6:00 pm — 8:00 pm

2nd Thursday Evenings: Collinsville Church of Christ
1010 Broadway, Collinsville
6:00 pm - 8:00 pm

1st & 3rd Saturday Mornings: John 3:16 Mission
506 North Cheyenne
10:00 am — 12:00 pm

**1st & 3rd Saturday
Afternoons:** Indian Springs Apartments
2177 West Jasper, Broken Arrow
2:00 pm — 4:00 pm

1st & 3rd Saturday Evenings: Christ the Lamb Miracle Church
4635 S. Madison Place
(Off 48th St. from S. Peoria)
6:00 pm — 8:00 pm

Good Samaritan Health Services *continued:*

Fees: None

Eligibility: No insurance. Inability to pay.

Services: **Clinic** offered to adults, children, and elderly only if without insurance.

Lab: Routine Laboratory services available
EKG, Doppler, AIC, INR, Nebulizer/Pulse Oximetry are also available on site.

Immunizations - call for availability.

**No x-rays*

Limited Rx Assistance: Provided at same visit and on-site **Limited to medications in stock, no controlled substances.*

Diabetic Supply: Limited to available stock.
**Patient required to return for follow-up*

Interpreters: Spanish on Monday and Tuesday nights.
Burmese available on Thursday mornings.

Other Services: Offers **spiritual resources**
Limited **vision testing**
Monthly women's health clinics in collaboration with OK Project Woman and LabCorp for **pap smears**, qualifying **Mammogram** coupons, **STD testing**.

Morton Satellite Homeless Clinic

102 North Denver, Suite B
Tulsa, OK 74103-1820

Phone: (918) 295-6942

Fax: (918) 295-6948

E-mail: N/A

Web Site: www.mortonhealth.org

Hours: **Monday** 8:30 am - 5:30 pm
Tuesday 8:30 am - 5:30 pm
Wednesday 8:30 am - 5:30 pm
Thursday 12:00 pm - 5:30 pm
Friday 8:30 am - 5:30 pm

(Main Clinic Only)

Saturday 9:00 am– 1:00 pm

Fees: None

Eligibility: Homeless adults or adults in temporary housing (shelter/mission) single room occupancy facilities.

Services: **Clinic** offered on-site to adults and the elderly (children are referred to Morton Main Health Center Pediatrics Department)

Lab Available

**Pregnancy test clients must be seen at the OB-GYN Department at the Main Clinic for evaluation.*

Morton Satellite Homeless Clinic *continued*:

X-Rays

(referred to Morton Main Clinic)

TB testing

**Except on Thursday*

Rx Assistance: Pharmaceutical Company Patient Assistance Programs utilized.

Diabetic Supply: None, but prescriptions are available.

Interpreters: Main Clinic & East Clinic only

Other Services: Dental services

** By appointment only*

GYN services

HIV counseling and testing

*Available monthly on 1st Wednesday,
8:30 am – 12:30 pm
or daily at Main Clinic*

Primary Care – Adults
Oral Health
Referral
Patient Education
Homeless Health Care
Transportation

Other Locations: Main Clinic

1334 N. Lansing Ave.

Tulsa, OK 74106

(918) 587-2171

Main Clinic is open on Saturday 9am-1pm

**Offers services on a sliding scale basis*

Morton Satellite Homeless Clinic *continued*:

East Tulsa Clinic

11511 E. 21st Street

Tulsa, OK 74129

(918) 295-6185

*Offers services on a sliding scale basis

Mid-Town Family Health Center

102 N. Denver, Suite B

Tulsa, OK 74103

(918) 295-6942

(918) 295-6042 (Dental)

*Offers services to the Homeless

Nowata Family Medical Clinic

207 S. Locust

Nowata, OK 74048

(918) 273-9911

*Offers services on a sliding scale basis

*Transportation is unavailable at Nowata
Clinic to and from the Main Clinic

*****Transportation is available*****

Mother Teresa Dental Care Center

Catholic Charities of the Diocese of Tulsa
2450 North Harvard Ave., Tulsa, OK 74115
Located in the Xavier Medical Clinic building

Phone: (918) 508-7191

Fax:

E-mail:

Web Site: www.catholiccharitiestulsa.org

Mother Teresa Dental Care Center was established in January 2010 to provide free examinations, hygiene services, restorative care, and extractions. Services are for uninsured patients and those without Medicaid.

Dental Director: D. Michael Spradlin, DDS

Dental Coordinator: Leah Robles Sommer

Hours: Tuesdays – 3 PM

EXTRACTIONS ONLY

Everyone who arrives by 4pm will receive a ticket. Tickets are drawn at random, and there is no guarantee that those present will be seen.

NOT ACCEPTING NEW PATIENTS

New appointments may open up in June. Call the information line for updated information.

Fees: None

Eligibility: Uninsured (without health insurance);
No Medicaid accepted

Services: Emergency relief of pain (extractions)

Interpreters: Spanish

Information as of 2/13/12

Guidelines subject to change

Mother Teresa Women's Health Services

Catholic Charities of the Diocese of Tulsa
2450 North Harvard Ave., Tulsa, OK 74115
Located in the Xavier Medical Clinic building

Phone: (918) 508-7199

Fax:

E-mail:

Web Site: www.catholiccharitiestulsa.org

Our staff will provide excellent health care for women who are pregnant or may be pregnant. There are many services available at Catholic Charities during and after pregnancy.

Clinic Director: Mary Lee Ingram, LCSW

Hours: **Tuesday, Wednesday, Thursday**
9:00 am-12:00 pm;
1:30 pm-4:00pm

Walk-Ins welcome

Apply for Medicaid on Thursday

Fees: None

Eligibility: Uninsured (without health insurance);
No Medicaid accepted

Services: Deliver at St. Francis or OSU
High Risk clients accepted
All other services of Catholic Charities available

Interpreters: Spanish (available for doctors appointments)

Information as of 2/13/12

Guidelines subject to change

Neighbor for Neighbor

505 East 36th Street North
Tulsa, OK 74106

Phone: (918) 425-5578

Fax: (918) 425-5764

E-mail: asmith@nfntulsa.org

Web Site: www.neighborforneighbor.org

Executive Director: Ann Smith

Clinic Coordinator: Diana Diaz

- Clinic Hours:** Monday 6:00 pm — 9:00 pm
Tuesday Clinics begin at 1 & 6 pm
Wednesday 6:00 pm — 9:00 pm
Thursday Clinics begin at 1 & 5 pm
- *Appointments are required for all Medical, Optometry, and Dental Services.*
 - *Appointments for Medical are taken Daily at 10:00 AM. Call 764-9565.*
 - *Call between the hours of 1:00 pm and 3:00 pm before going for treatment to see if patient needs can be met.*

****Closed for month of August each year****

Fees: None

Eligibility: For those who cannot afford health insurance. **No ID required*

Services: **Clinic** offered to adults, children, and the elderly.

Neighbor for Neighbor *continued*:

Lab available.

Pregnancy testing available.

**No x-rays, immunizations, or TB testing*

Dermatology Clinic – 764-9565

1st & 3rd Thursday of each month

1:00 pm — Appointment required

Women's Clinic

Call 425-5595 ext. 120 for appointment.

Services include exams, referrals, and medications

Rx Assistance: Monday - Thursday

Sign in from 10 am – 12 pm **or** 1 pm - 2 pm

**No diet pills, birth control, cholesterol-lowering drugs, stomach medications, antidepressants, tranquilizers, psychiatric drugs or narcotics*

Diabetic Supply: Provided if available.

Interpreters: Spanish

Monday/Tuesday/Wednesday at 6:00 pm

Thursday at 5:00 pm

Other Services: Dental Services

- Extractions
- Restorative care
- Hygiene for adults and children not on Sooner Care

By appointment only

**For dental hygiene and restorative care call 425-5535 ext. 122*

Neighbor for Neighbor *continued*:

**For adult extractions call 425-5595, ext. 122.*

Vision Services Include:

- Vision exams by appointment.
Call 425-5595 ext. 119.
- Bring your own prescription in on Monday/Tuesday/Wednesday/Thursday between the hours of: 10 am – 12 pm & 1 pm – 3 pm, or at 6 pm.

**One week wait for glasses*

**Exams and frames are free*

**Charge for lenses is \$30 for adults and \$15 for children*

Case Management

Services and follow-up offered on all patients.

Legal Services

Monday — Thursday

9:00 am — 3:00 pm

Services offered for uncontested civil matters (no criminal work).

Monthly Legal Clinic Evenings

Call agency for appointment

Neighbors Along the Line

5000 Charles Page Boulevard
Tulsa, OK 74127

Phone: (918) 584-1111

Fax: (918) 584-4954

E-mail: info@neighborsalongtheline.org

Web Site: www.neighborsalongtheline.org

Executive Director: Mindy Tiner

Assistant Director: Shannon Chambers

Clinic Hours: **Monday, 5:15 pm**

**Sign in begins at 5:15 pm*

*People will be seen based on a
number drawing at 5:30 pm.*

Fees: None

Eligibility: Uninsured

**Not a strict screening.*

Services: **Clinic** offered to adults, children, and the elderly.

**Referrals for lab, x-rays, pregnancy tests, immunizations, or TB testing.*

Rx Assistance: Provided on-site and at same visit when available

**No narcotics*

**Client must have paper prescription or bottle for prescription samples.*

Diabetic Supply: Assistance with insulin, syringes, and lancets as available.

Interpreters: None

Neighbors Along the Line *continued*:

Other Services: Counseling & Recovery Services Therapist

Monday, 3:00 pm – 7:00 pm

WIC

2nd & 4th Wednesday, 9 am - 4:30 pm

Food Pantry

Monday, Tuesday & Thursday, 1:30 pm –
3:30 pm

Wednesday, 5:00 pm – 6:45 pm

General Equivalency Diploma (*self paced*)

Monday thru Thursday, 10:00 am–7:00 pm

Narcotic Anonymous

Tuesday, 6:00 pm - 7:00 pm

Life Skills Classes

Call for class information

Bingo

62 years & older

Wednesday, 10:00 am – Noon

Legal Aid

1st and 3rd Monday, 6:00 pm

***Other services available. Call for details.**

OU Physicians Tulsa Community Health

Bedlam Evening Clinic

Offices: 1111 S. St. Louis
Tulsa, OK, 74120

Phone: (918) 619-4555 (*Information Line*)

Fax: (918) 619-4833

E-mail: janelle-whitt@ouhsc.edu

Medical Director

Web Site: <http://tulsa.ou.edu/medicine/bedlam/index.html>

Clinic Director: L. Janelle Whitt, DO

Clinic Hours: **Bedlam Evening Clinic**

Tuesday, 5:00 pm — 10:00 pm

Thursday, 5:00 pm — 10:00 pm

**Patients must be at clinic by 5 pm for triaging.*

Fees: None

Eligibility: No insurance

Services: Primary Care

Rx Assistance: No narcotics

Diabetic Supply: Through community pharmacies

Interpreters: Spanish

Other Services: Limited community referrals. Pain management and orthopedic services are NOT available.

Pawnee County Area Health Clinics

1390 West Cherokee
Cleveland, OK 74020

and

230 Beck Drive
Pawnee, OK 74058

Phone: (918) 290-0228 (Pawnee)

Fax: None

Phone: (918) 290-0228 (Cleveland)

Fax: None

E-mail: kdavis4375@yahoo.com

Web Site: None

Clinic Director: Kelly Davis

Hours: Cleveland

1st Tuesday following 1st Monday of
each month

5:30 pm — 8:00 pm

Pawnee

1st Monday of each month

5:30 pm — 8:00 pm

1st, 2nd, 3rd, and 4th Monday evening

Ministerial Alliance Food Bank

Distribution

Fees: None

Eligibility: 180% of poverty level.

**Client must have license or social
security card, proof of address, and
proof of income or food stamp card*

Pawnee County Area Health Clinics *continued*:

Services: **Health Clinic:** adults without Medicare

Eye Clinic: adults without Medicare

Pharmacy: adults without Medicare

Rx Assistance: Provided on-site and at same visit
**No narcotics or pain medications.*

Diabetic Supply: Glucometers, needles

Interpreters: None

Other Services: **Employment** assistance

SoonerCare assistance

Housing assistance

Food assistance

Tulsa County Social Services Medical Clinic

2401 Charles Page Boulevard

Tulsa, OK 74127

Phone: (918) 596-5578

Fax: (918) 596-5568

E-mail: ljohnston@tulsacounty.org

Web Site: **None**

Clinic Director: Geraldine L. Timmons

Hours: **Tuesday, Wednesday, Thursday**
(EXCLUDING first Thursday of the month)

10:00 am — 12:00 pm

Fees: None

Eligibility: 1. Tulsa county resident for a minimum of
6 months

2. Income guidelines

** Contact agency for income guidelines*

3. Ineligible for Medicare, Medicaid, private insurance, or Indian Health-care services

**Must have Social Security card, driver's license, and an item indicating present address (utility bill, etc.)*

Services: **General medical clinic** offered to adults, children **over one year of age**, and the elderly

**No pregnancy-related healthcare or pre-marriage blood tests*

** Limited to basic testing relative to patient complaint by exam*

**Pregnancy testing, HIV, and Hepatitis screening not offered*

Tulsa County Social Services Medical Clinic *continued:*

Services Cont: Lab

**In-depth work-up referred to a larger Facility*

TB Testing available for shelter residents only.

Rx Assistance: Provided at the same visit and on-site at a discounted fee.

**If the client is unable to pay for the medications, they are referred to various other agencies to assist with payments*

Diabetic Supply: None

Interpreters: Spanish

Monday — Friday

8:30 am — 4:00 pm

Other Services: **Case Management** available
Burial/Cremation assistance

Tulsa Day Center for the Homeless

415 West Archer
Tulsa, OK 74103

Phone: (918) 583-2368

Fax: (918) 583-6745

E-mail: psoucek@tulsadaycenter.org

Web Site: www.tulsadaycenter.org

Clinic Director: Leslie Petty APRN-NPC
Pat Soucek RN, BSN

Hours: Walk-In Clinic
Monday - Saturday
9:00 am - 11:00 am
Tuesday, Wednesday, Thursday
1:30 pm – 3:30 pm

Podiatry Clinic

Once a month by appointment only.

Pregnancy Testing

During Walk-In Clinic

**With case management*

Vision Screening

Tues-Fri; Homeless Clients Only

Vision Clinic

By appointment only

**Must have vision screening done in
the Walk-In Clinic Tuesday—*

*Thursday, then client will receive an
appointment with the Ophthalmologist.*

Tulsa Day Center for the Homeless *continued*:

Services: **Clinic** services to adults, children, and elderly including medical case management

**See above for services and times*

Rx Assistance: Vouchers provided or referrals given to area agencies.

**No narcotics, pain medications, muscle relaxants, or psychiatric medications*

Diabetic Supply: Limited supply on hand

Interpreters: Spanish available, but not on a consistent schedule.

Other Services: **General Health Case Management**
Mental Health Case Management
Outreach Case Management

Assistance with **IDs, food handler's permits, housing, benefit information**, and referrals to various social service/training programs
Limited **bus tokens** for verifiable jobs and doctor appointments

Storage of personal belongings

Clothing room

Limited **laundry facilities**

Tulsa Dream Center

200 West 46th Street North
Tulsa, OK 74127

Phone: (918) 430-9984, Ext. 3406

Fax: (918) 428-1083

E-mail: carolinecou@cox.net

Web Site: www.thetulsadreamcenter.org

Clinic Director: Caroline Coussens

Medical Clinic

Hours: Last Saturday of the month
11:00 am — 2:00 pm

Wednesdays
9:00 am — 12:00 pm

*Other clinics are by appointment only.
Please call to schedule, 430-9984, ext. 106.*

Fees: None

Eligibility: None

Services: Food distribution
Clothing distribution
Personal counseling for teens
Free legal services
Children's recreational programs
After school program
Spiritual training and ministry
Hot lunch served daily

Tulsa Health Department

5051 South 129th East Avenue
Tulsa, OK 74134

Phone: (918) 582-9355

Fax: (918) 594-4889

E-mail: info@tulsa-health.org

Web Site: www.tulsa-health.org

Bixby Health Center	(918) 369-3155
Central Regional Health Center	(918) 582-9355
Collinsville Health Center	(918) 596-8650
James Goodwin Health Center	(918) 582-9355
Expo Square Health Center	(918) 582-9355
Sand Springs Health Center	(918) 591-6100
North Regional Health Center	(918) 591-6006

Clinic Director: Priscilla Haynes

Hours: Most clinics operate
Monday — Thursday
8:00 am — 4:00 pm
Friday
8:00 am — 11:00 am

Fees: Most services are low cost or sliding scale based on income.

Eligibility: WIC applicants must be under 185% of the poverty level.

**Medicaid/SoonerCare patients need to bring insurance ID.*

Tulsa Health Department *continued*:

Services: **Childhood immunizations** available at all locations. There is no cost to those children who qualify for the Vaccines for Children (VFC) program. Screening is completed at intake to determine eligibility.

Rx Assistance: None

Diabetic Supply: None

Interpreters: Spanish
Other languages available with advance notice.

Other Services: Numerous services available

See website for full list of services

Xavier Medical Clinic

10711 E. 11th St., Ste. 1
Tulsa, OK 74115

Phone: (918) 583-7233

Fax: (918) 583-7205

E-mail: None

Web Site: www.saintfrancis.com/locations/xavier.aspx

Medical Director: Felicia Lee, MD

Nurse Manager: Jessica Gomez, RN BSN

Hours: **Wednesday 8:00 am — 4:00 pm**

Priority given to established patients

Established patients: appointments or arrive by 8:00am for walk-in

Pediatric New Patients: Arrive by 8:00am

Adult New Patients: If space available, 11:00 lottery system for new patients

Fees: None

Eligibility: Uninsured (No health insurance)
<225% of national poverty line

Services: **Limited. NON-URGENT medical care and laboratory** for adults and children

No Gynecology or mental health service provided

Rx Assistance: Limited. Only for established patients.

Diabetic Supply: Limited. Only for established patients.

Interpreters: Spanish

Other Services: **Xavier Pregnancy Program**

Monday, 8:00 am – 12:00 (noon)

Thursday, 9:00 am — 4:00 pm

Walk-ins welcome or call Babyline for appt.
838-0694.

Xavier Pregnancy Program

A Partnership of Catholic Charities of the Diocese of Tulsa
and Saint Francis Health System

Located at Catholic Charities
2450 North Harvard Ave., Tulsa, OK 74115

Appointments: Babyline (918) 838-0694

Hours: Thursdays, 9:00 am – 4:00 pm

Walk-Ins Welcome!

Contact: (918) 502-3998 or Emma Crook (918) 508-7121
ecrook@catholiccharitiestulsa.org

Mary Lee Ingram, LCSW – (918) 508-7142
Director of Pregnancy & Adoption Services, Catholic Charities
mlingram@catholiccharitiestulsa.org

Website: www.catholiccharitiestulsa.org

Fees: None

Eligibility: Pregnant or need pregnancy testing

Services:

- Free Pregnancy Testing
- Interview by a Nurse
- Refer to a doctor for prenatal care w/Saint Francis Health System
- Apply for Medicaid
- Translation Services
- Catholic Charities Services
- Community resource referral

*No direct medical care at first appointment

Rx Assistance: Limited for enrolled participants

Diabetic Supply: Limited for enrolled participants by physician referral

Interpreters: Spanish