HAPPY DOCTORS’ DAY TO MY TCMS COLLEAGUES

National Doctors’ Day is held every year on March 30th in the United States. It is a day to celebrate the contribution of physicians who serve our country by caring for its citizens. The first Doctor’s Day observance was March 30, 1933 in Winder, Georgia. Eudora Brown Almond, wife of Dr. Charles B. Almond, decided to set aside a day to honor physicians. This first observance included the mailing of greeting cards and placing flowers on graves of deceased doctors. On March 30, 1958, a Resolution Commemorating Doctors’ Day was adopted by the United States House of Representatives. In 1990, legislation was introduced in the House and Senate to establish a National Doctors’ Day. Following overwhelming approval by the United States Senate and the House of Representatives, on October 30, 1990, President George Bush signed S.J. RES. #366 (which became Public Law 101-473) designating March 30th as “National Doctors’ Day.”

Physicians have been among our great writers, politicians, inventors, social activists, researchers, athletes, astronauts, pioneers, statesmen, philosophers, theologians, mathematicians, educators, entrepreneurs, musicians and artists through the centuries.

Many of our own TCMS members fall into these categories. We had the opportunity to see beautiful art created by our physician members at Art RX, including the work of Drs. Martin Beal, Paul Bevilacqua, Robert Block, Christopher Boxell, Phillip Butler, Lawrence Gregg, Stephen Hwang, Paul Krautter, Lora Larson, Patrick Lester, Lance Miller, Dwane Minor, Stanley Schwartz, James Webb, Mark Weiss, and David Wong. Drs. Neil Crowson, Lee Schoeffler, David Hurewitz and Sean Smith are talented musicians, Dr. Richard Reinking, an author of more than 20 years, published the book, “Pox” in 2012, Dr. Todd Brockman won three Silver medals in the Time Trial and Road Race in Snow Canyon, Utah in 2016. Dr. Robert Block was inducted into the Tulsa Historical Society’s Hall of Fame in 2013 for the work he has done on behalf of children in Oklahoma. There are countless more examples of extraordinary achievements of TCMS members both in medicine and outside of medicine.

As we go about our work each day, taking care of our patients, I encourage all of us (me included) to enjoy our passion outside of medicine. One of my Oklahoma City colleagues, psychiatrist, Murali Krishna, M.D. wrote a book “VIBRANT” to Heal and be Whole in which he said, “With every life comes challenge. How we deal with challenge is central to a life well-lived.”

I am often reminded how fortunate I am to practice medicine and to lead our organization. Working with TCMS gives me a perspective outside of my practice of psychiatry with the Veterans Administration. We have a diverse Board with representatives from private practice, academia, large health systems and the corporate setting. One of our goals is to make your professional organization personal to you. As I remind you each month, and will continue to do, I invite you to call me anytime (405-535-0594). I would love to visit with you about your concerns, ideas and input around how we can be of service to our members.

Red Carnations are the symbolic flower of National Doctors’ Day.
Did you know we have 434 medical student members from OU-TU School of Community Medicine and OSU College of Osteopathic Medicine? These students represent the future of our organization. We want to take the opportunity to highlight some of our current student leaders in the next few issues of Tulsa Medicine. This month meet Eric Reynolds, a second year medical student at OU-Tulsa. Eric completed his undergraduate studies at Wichita State University. He then attended TU College of Law where he received a Juris Doctor Law Degree. Eric's desire to positively impact the lives of others in a direct way lead him to his medical school journey at OU-Tulsa. Eric is married to Trang Kieu, MSII, who is also a student at OU-Tulsa and they have two children (high achievers, right). When not studying, Eric and Trang enjoy going to movies.

Eric has been very active in TCMS over the past 2 years. He was instrumental in establishing the TCMS Student-Resident Council, pictured above (Eric is on the far left). The mission and the goals of the Council are listed below:

The TCMS Student-Resident Council is a group of medical students and residents at the OU-TU School of Community Medicine and the OSU College of Osteopathic Medicine. Our core purpose is to promote the welfare of medical students, residents, and the community. To meet those goals, we pursue three main objectives:

1. Student/Resident Outreach – to encourage wellness and participation in organized medicine, and to raise awareness of the importance of preserving and shaping the future of medicine;

2. Community Outreach – to improve community health, and to discharge our moral and professional obligations to care for our community;

3. Legislative Advocacy – to advance policy and legislation that protects and promotes the interests of patients and physicians.

The TCMS Foundation has a 53-year history of providing Scholarships to medical students. We recently received a donation to the Scholarship Fund from Matthew Flood, M.D. He donated $3,500.00, the amount of the scholarship awards he received in 2009, 2010 and 2011. He said, “the funds I received from the TCMS Foundation were so helpful when I was a medical student and working to make ends meet for my family. It was important to me to contribute back to a program that made a difference in my life”. Click on this link to hear Kaitlin Bibens, MSIV talk about how the TCMS Scholarship helped her. https://youtu.be/FobFtnBQQMk

Thank you to Eric Reynolds, MSII, for engaging with leadership medicine through Tulsa County Medical Society.

The application for Scholarships for the 2018-2019 academic year is available on the TCMS website, see link below. The application must be returned to TCMS by July 2, 2018.

2018 OSMA ANNUAL MEETING AGENDA

Friday, April 27 (Embassy Suites – Downtown Medical Center, 741 N Phillips Ave, OKC)
7:45 am CME Registration/Breakfast
8:30 am Kevin McCauley, M.D., “The Brain and Recovery, an Update on Addiction: There is Hope”
10:30 am Patrice Harris, M.D., M.A., “Opioid Abuse in America and How we Change This”
12:00 pm Lunch
1:00 pm Carol Havens, M.D., “How to Monitor Patients on Ongoing Opioids and When to Discontinue Before it Gets Out of Hand”
3:00 pm Joseph Rannazzisi, J.D., Pharm.D., “Getting to the Root of the Opioid Epidemic”
4:00 pm Panel Discussion Q and A with Speakers
4:30 pm Wine and Cheese Reception

Saturday, April 28 (Embassy Suites – Downtown Medical Center, 741 N Phillips Ave, OKC)
7:30 am Registration and Breakfast
8:30 am TCMS Caucus
10:00 am OSMA House of Delegates
3:00 pm OSMA Health Board
6:00 pm OSMA/OSMAA Inaugural Reception
7:00 pm Inaugural Dinner and Awards Ceremony

To register, https://www.okmed.org/web/Online/Events/Event_Display.aspx?EventKey=AM_2018 or contact Sandy Deeba at OSMA (800-522-9452) or deeba@okmed.org.
Please let Mona know if you can attend this meeting and represent TCMS as a delegate, mona@tcmsok.org.

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WEEKLY LEGISLATIVE UPDATE
March 19 – 23, 2018
Important Issues to OSMA
The week of March 19 – 23 was Spring Break…and the Legislature took a break as well. There was very little committee work and no bills were heard on the Floor of either House. The following represents the status of some of the measures important to OSMA: To read more about the bills that OSMA is closely following - Click on the link below:
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