A MESSAGE FROM THE PRESIDENT, KAREN P. GOLD, M.D.

I am deeply honored to be your One-Hundred Thirteenth President. Thank you to all those who were able to attend the Inaugural Dinner on February 17th. We also recognized our retiring physicians and Mona Whitmire for her 25 years with TCMS and 11 years as Executive Director. You can find some photos from the event on page 2 of the Tulsa Medicine Newsletter. Dr. John Schumann, OU-Tulsa President and TCMS Member, gave an inspiring and moving message about the importance of physician wellness and brought a call to action for those who want to be involved in our own Physician Wellness Program (PWP). The PWP Committee will be meeting in March, so if you are interested in joining this effort, please contact Mark McElreath at mark@tcmsok.org or 918.743.6148 as soon as possible.

NEW MEMBER BENEFIT – FREE LEGAL ADVICE
Mark McElreath, Executive Director, has been working diligently to assess and address the benefits TCMS members receive. In addition to Advocacy, Free CME, and Community Support, we are pleased to announce a new member benefit – Free Legal Advice. If you think that you might have legal concerns in your practice, the first order of business is usually to find a medical malpractice lawyer for legal advice on your case. We make it easy to access a qualified lawyer who will discuss the details with you at no charge.

TCMS members now can take advantage of one of our newest benefits: 15 minutes of free medical legal advice from experts in the healthcare legal field. For physicians in private practice who have PLICO insurance, remember that you also can call PLICO for assistance with legal matters at 1-405-815-4800. Legal advice for TCMS members is easy to access and confidential. Contact the TCMS office at 918.743.6184 for more information.

The OKLAHOMA STATE MEDICAL ASSOCIATION ANNUAL MEETING will be held in Tulsa April 17-18th. The House of Delegates will meet Saturday, April 18th, at Tulsa Marriott Southern Hills. The TCMS Caucus begins at 8:30am followed by the House of Delegates at 10:00am. If you plan to attend and represent TCMS as a Delegate, please email mark@tcmsok.org. All TCMS members who attend will be entered in a prize drawing which will occur during the TCMS Caucus.

George Monks, M.D., Tulsa Dermatologist and TCMS Member, will be inaugurated as OSMA President on Saturday night at Southern Hills Country Club. Mona Whitmire, Previous TCMS Executive Director, will receive the Don J. Blair, Friend of Medicine Award. This award is presented to an outstanding lay person whose work positively impacts the practice of medicine, the delivery of health care, or the prevention of negative health consequences in their community. Please make plans to join us! To register or find more information, visit https://www.okmed.org/web/AM2020.

National doctors’ day is held every year on March 30th in the United States. It is a day to celebrate the contribution of physicians who serve our country by caring for its citizens. The first Doctor’s Day observance was March 30, 1933 in Winder, Georgia. Eudora Brown Almond, wife of Dr. Charles B. Almond, decided to set aside a day to honor physicians. This first observance included mailing greeting cards and placing flowers on graves of deceased doctors. On March 30, 1958, a Resolution Commemorating Doctors’ Day was adopted by the United States House of Representatives. In 1990, legislation was introduced in the House and Senate to establish a National Doctor’s Day. Following overwhelming approval by the United States Senate and the House of Representatives, on October 30, 1990, President George H.W. Bush signed S.J. RES. #366 (which became Public Law 101-473) designating March 30th as “National Doctor’s Day.”

Finally, April is quickly approaching for Doctor of the Day at the State Capitol. I want to thank Oklahoma County Medical Society for changing months with us, from February to April, in the hopes of better travel weather and safety. The Doctor of the Day serves in the first aid station at the Capitol from 8:30am until both houses adjourn around 4:00pm. The Doctor of the Day is introduced in both chambers and will have the opportunity to visit with legislators throughout the day. Available dates are April, 2, 6, 7, 8, 9, 13, 14, 16, 20, 21, 22, 23, 27, 28, 29, and 30. To schedule a date & volunteer as Doctor of the Day, email mark@tcmsok.org or call 918.743.6184. Residents and Medical Students are encouraged to serve as well.

Thank you for your service to medicine, our community, and to TCMS.

Kare

For further information about the following meetings, tcms@tcmsok.org or 918.743.6184

March 4, 6pm Foundation Board Meeting TCMS
March 12, 6pm Tulsa OB-GYN Meeting TCMS
March 25, 2pm Meet your legislators, Medicine Day at the Capitol Followed by Legislative Reception 5-6:30pm OSMA Office OKC
March 31, 5pm OSDS RSS Series Tulsa Dermatology Clinic 2121 E 21st Tulsa
April 9, 6pm Tulsa OB-GYN Meeting TCMS
April 17, 6pm OSMA Inauguraton of George Monks, MD Southern Hills Country Club 2636 E. 61st Tulsa

2020 Proper Prescribing Dates
Approved for 1 Hour OMB Licensure Requirement
May 28, 6-7pm TCMS, Tulsa
September 17, 6-7pm, OSMA, OKC
November 13, 12-1pm, TCMS, Tulsa
December 4, 12-1pm, OSMA, OKC

FYI’s:
Doctor of the Day has been moved from the Month of February to April 2020, in hopes of better weather for those traveling to the capitol.
The On-line access to the 2020 TCMS Membership Directory is now available, Go to www.tcmsok.org, left side task bar click on “2020 TCMS Directory” password – tcms2020
Photos from the Inauguration of Dr. Karen P. Gold, MD, MSCI
113th President of Tulsa County Medical Society
February 17, 2020

TCMS President
Dr. Karen Gold & Dr. Michael Gold

Left to Right, Nicole & Brian Biggerstaff, Mona & Mark Whitmire, Stephen Williamson, Tim Brittingham & Kay & Dr. Ebb Reeves.

Dr. Richard & Susan Doss

Dr. Alan & Vicki Lewis

Dr. Dominic Losacco & Mary Anne Hille

Dr. David Siegler & Dr. Melville Mercer

Dr. David Siegler & Dr. James Millar

Dr. Kenneth & Nancy Setter

President OU-Tulsa
John H. Schumann, MD

TCMS Vice-President
Dr. Brian & Wendy Macha

Left to Right, Dr. Jenny Boyer, Mona Whitmire & TCMS Secretary/Treasurer Dr. Sharon Smallwood

TCMS Board Member
Dr. Chris & Rebekah Sudduth

TCMS Board Member
Dr. Michael Weisz

OSMA Exective Director
Wes Glinsmann & Robbyn Glinsmann

OSMA Director of Operations
Donna Bartlett & Randy Bartlett

TCMS Executive Director
Mark McElreath

Left to Right, Project TCMS Care Coordinator Pam Oppelt, Past TCMS Employee Janie Higgins, TCMS Director of Operations, Joetta Cunningham
Tulsa County Medical Society
GOLDEN OLDIES

LUNCHEON
FRIDAY, MARCH 27, 2020
12:00PM-1:00PM

At Tulsa County Medical Society
5315 S. Lewis Ave.
Tulsa, OK 74105

Please RSVP to Mark McElreath,
Executive Director at mark@tcmsok.org
or call (918) 743-6184

$15.00 per person
Please make checks payable
to TCMS or call to pay with credit card.

Join us for the first meeting of the year.
Dr. John Minielly will share a travelogue
on the “Trans-Siberian Railway,” a trip he
took with his three younger brothers.

We’ll also discuss suggestions for future
gatherings.

We look forward to seeing you there!

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Welcome New Members


Advance your understanding of current issues affecting the delivery of healthcare. See how new technologies are impacting the future of medicine. At EXPLORE Healthcare Summit, you’ll collaborate with as many as 400 top physicians and other practitioners. Enjoy food, beverages, live music and networking at the annual EXPLORE Evening Party. Special pricing for our PLICO/MedPro insured providers.

EXPLORE HEALTHCARE SUMMIT 2020
AUGUST 27-28 Thursday & Friday NORMAN, OK Embassy Suites Hotel & Conference Center

BENEATH THE SURFACE

DIKE DRUMMOND, MD
CEO, TheHappyMD.com

BOB GOFF
NYT best selling author of Love Does and Everybody Always

BRETT CULP
Filmmaker and Speaker Who Documents the Positivity of the Human Experience

AJAY SETH, MD
Author of Rewired: An Unlikely Doctor, a Brave Amputee, and the Medical Miracle That Made History

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